

Cheridah Best

SAG/AFTRA

Height: 5'3"
Weight: 125lbs
Eyes: Dark Brown
Hair: Blonde

TELEVISION SERIES

CHICAGO FIRE	Recurring	Dir: Joe Chapelle
CHICAGO PD	Nurse	Dir: Joe Chapelle
FIND OUR MISSING	Principal - Mother	Towers Productions Inc.
CITY OF ANGELS	Day Player - Guard	David Kelley
THE PRACTICE	Day Player - Juror	David Kelley

FILM

THE THEORY OF EVERYTHING	Supporting	Dir: Dave De Vos
NEXT FRIDAY	Supporting	Dir: Steve Carr
HOODLUM	Day Player	Dir: Bill Duke
MY BEST FRIEND'S WEDDING	Day Player	Dir: P.J. Hogan

STAGE (Partial List)

GARDEN OF JOY	Dorothy Battle	Wharton Performing Arts Ctr.
DOUBT	Mrs. Muller	Santa Paula Theatre
WOMEN OF BREWSTER PLACE	Etta Mae	Celebration Theatre
RENT	Joanne Jefferson	Simi Valley Cultural Arts
I LOVE YOU, YOU'RE PERFECT	Woman #2	Elite Theatre
YOU CAN'T TAKE IT WITH	Rheba	Conejo Players Theatre
THE WORLD GOES 'ROUND	Woman #1	Conejo Players Theatre

AWARDS

LA Weekly Theatre 2011 Award - Ensemble for Women of Brewster Place
4 Star Theatre Award 2009 - Outstanding Female Featured Performance - Doubt

TRAINING

Musical Theatre:	Northeastern Illinois University
On Camera:	Private Coaching
Cold Reading:	TVI Studios
Sitcom Technique:	Greg Orson
Dialect Coach	Gillian Lane-Plescia
Voice:	Northeastern Illinois University
Vocal Range:	Mezzo Soprano/Alto
Dance:	Northeastern Illinois University & Joseph Holmes
Dance Style:	Strong, Jazz, Hip Hop & Salsa

SPECIAL SKILLS

Nationality - British West Indian
Dialects: Standard British, American, Jamaican & Southern
Professional Musical Theatre, Pop, Jazz vocalist. Excellent Hip-Hop, Jazz dancer; Screams; Kid Voices, Great facial Expressions, Teleprompter & ADR Looping.; Audiobook Narrator